





**OPPORTUNITIES**  
Ephesians 5:15-20



**How Shall We Then live?**

- How do we walk?
- Not as unwise but as wise
- Wisdom literature – Proverbs 5-7
- Francis Schaeffer




**Be Careful How You Live**

- Practical approach (v15)
- Daily activity
- Wise, not unwise
- Wise in relation to God



**Live Purposefully  
Do Not Waste Time**

- Time = Kairos (v16) (opportunity)
- Redeem the time (buy back)
- Take full advantage of the gift of time



Conduct yourselves wisely towards outsiders, **making the most of the time.**

Colossians 4:5



**Opportunity Time**

So then, **whenever we have an opportunity, let us work for the good of all, and especially for those of the family of faith.**

Galatians 6:10



## Live Mindfully Do Not Be Unmindful

- Foolish = unmindful (v17)
- Do not live aimlessly
- But live with understanding
- Explore God's will for your life

## Live Worshipfully Do Not be Filled with Excess

- Live in tune with the Spirit (v18)
- Actively praise God (v19)
- Be thankful (v20)  
Engage a spirit of gratitude

... and let the one who believes in me drink.  
As the scripture has said,  
"Out of the believer's heart shall flow rivers of living water."

John 7:38

And whatever you do,  
in word or deed, do  
everything in the name  
of the Lord Jesus, giving  
thanks to God the Father  
through him.

Colossians 3:17

## From Anxiety to Assurance

Our life is most often an endless succession of various attempts to control tomorrow, to assure our future well-being. We buy insurance, pay social security, save for a "rainy day." Often we defer truly living today in the hope that tomorrow we will really live.

We postpone life, freedom, and self-determination until we graduate, until we get married, until the children are grown, until we retire. Suddenly our time is gone, and we have postponed life – indefinitely. We have spent our days getting ready to live, a terrible cost to allow anxiety to exact from us.

Theodore Jennings, Jr.

## How Shall We Then Live?

1. **Purposefully** – make the most of our opportunities
2. **Mindfully** – seek insight to live in concert with God's desires
3. **Gratefully** – worship and thanksgiving as our center, replacing the anxiety of the world